

UPLIFT: A monthly ASCA newsletter of thriving and inspiration. Exclusively from The Morris Center for Healing from Child Abuse.

APRIL 2019



UPLIFT

Featuring positive, uplifting information exclusively from
The Morris Center for Healing from Child Abuse.

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NEW ASCA SUPPORT GROUP!

[ASCA BALTIMORE VIRTUAL](#) meets every Thursday from 7:00PM-8:30PM Eastern Time, followed by an optional Virtual Cafe.

All are welcome regardless of your location.

For more information, please email:

ASCABaltimoreVirtual@gmail.com



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UPLIFT joins our still ongoing, quarterly newsletter. We would love to feature you. If you would like to volunteer, have comments or would like to provide supportive feedback for anyone featured in this newsletter, send an email to ascanewseditor@gmail.com by including their name in the subject line of your email.

A special thank you, to all those who have made a [donation to the Norma J Morris Center](#). We would not be here without you.

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