

UPLIFT: A monthly ASCA newsletter of thriving and inspiration. Exclusively from The Morris Center for Healing from Child Abuse.

JUNE 2018



Featuring positive, uplifting information exclusively from The Morris Center for Healing from Child Abuse.

UPLIFT

In this issue, we feature Photography, Artwork, and Poetry by Adult Survivors of Child Abuse.

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**Original Artwork, June 2018*

FACILITATING HEALING THROUGH COLLAGE

I found a photograph of myself and enlarged it.
I kept enlarging it until the child that I was could show me what
was going on.

I kept enlarging it until she got the attention that she needed.
I surrounded her with the assurance that I knew how fragile she
was.

The photo is circa 1965.
As she comes larger and larger into view, the spreading pixelation
darkens into a black eye on her left side.

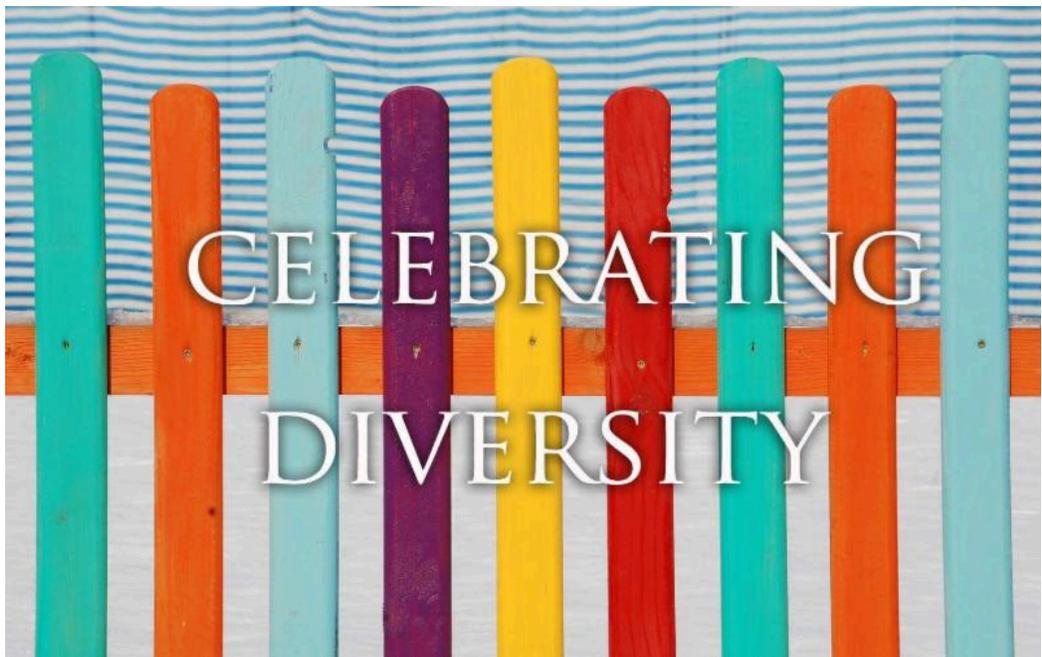
A shard-like crater spreads across her forehead.
She is smiling at her offender taking the photograph because that
is how children cope and survive.

The sun's warm rays are behind her and all around her and no
matter how large the photograph spreads,
the rays only get brighter and brighter.

*I know how fragile you were
Birds and Eggs and Flower Petals and Kittens*



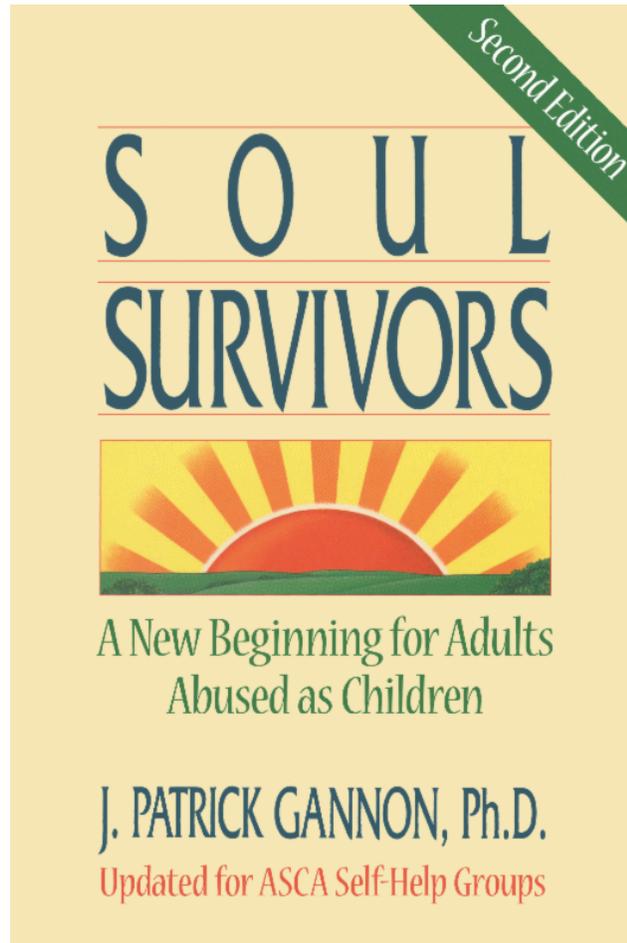
With Love, Ivy Shawl-Song



**Original Photography, June 2018*

Looking for some great reading material for you or an adult survivor you know? Now there is a concise way to integrate all of the ASCA program materials into the 21 step format.

It's even officially sponsored by The Morris Center!



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UPLIFT joins our still ongoing, quarterly newsletter. We would love to feature you. If you would like to [volunteer](#), have comments or would like to provide supportive feedback for anyone featured in this newsletter, send an email to ascanewseditor@gmail.com

by including their name in the subject line of your email.

A special thank you, to all those who have made a [donation to the Norma J Morris Center](#). We would not be here without you.

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**Original Artwork and Photography by Amaroq and zsolt.ro*

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