

UPLIFT: A monthly ASCA newsletter of thriving and inspiration. Exclusively from The Morris Center for Healing from Child Abuse.

JULY 2017



Featuring positive, uplifting information exclusively from The Morris Center for Healing from Child Abuse.

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In this issue we share original poetry, artwork, and photography by Adult Survivors of Child Abuse. Finally, we share information on an exhibition featuring portraits and stories of Male Survivors of Child Abuse. We hope that you'll be uplifted.

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Original artwork by Amaroq

Where nightmares no longer roam
(original poetry by "E")

Teach me smiles

and candy-canes

where nightmares no longer roam

bring me hopes for longtime fears

born from a place I once called home

Lead me to possibilities

where my fate belongs to me

free from pain and self destructive thoughts

where love is all I see

a life that is graced
with a sense of hope
for what my future can be

"Where nightmares no longer roam"
is dedicated to All Adult Survivors of Child Abuse



Screenshot from [video](#)

An exhibition featuring portraits and stories about Male Adult Survivors of sexual abuse, will be on display June 13th at the [Sage Inn](#) on Commercial St, in Provincetown, MA. David Lisak, a Clinical Psychologist and survivor of abuse, started the exhibition in 2012. Learn more about the exhibition, [by clicking here.](#)



*Pacific Ocean, San Francisco, CA
Original photography by
an Adult Survivor of Child Abuse*

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UPLIFT joins our still ongoing, quarterly newsletter. We would love to feature you. If you would like to volunteer, have comments or would like to provide supportive feedback for anyone featured in this newsletter, send an email to ascanewseditor@gmail.com by including their name in the subject line of your email.

A special thank you, to all those who have made a [donation to the Norma J Morris Center](#). We would not be here without you.

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