

UPLIFT: A monthly ASCA newsletter of thriving and inspiration. Exclusively from The Morris Center for Healing from Child Abuse.

JANUARY 2017



Featuring positive, uplifting information exclusively from The Morris Center for Healing from Child Abuse.

UPLIFT

In this issue we see an exclusive inside glimpse into an art reception that featured an Adult Survivor of Child Abuse, we'll learn more about our next issue and we take a moment to remind you that you are awesome. We hope that you'll be uplifted.

*unable to see parts of the Newsletter?
[Click here to view a web based version](#)*

Empowerment and Creativity



Amaroq with her artwork

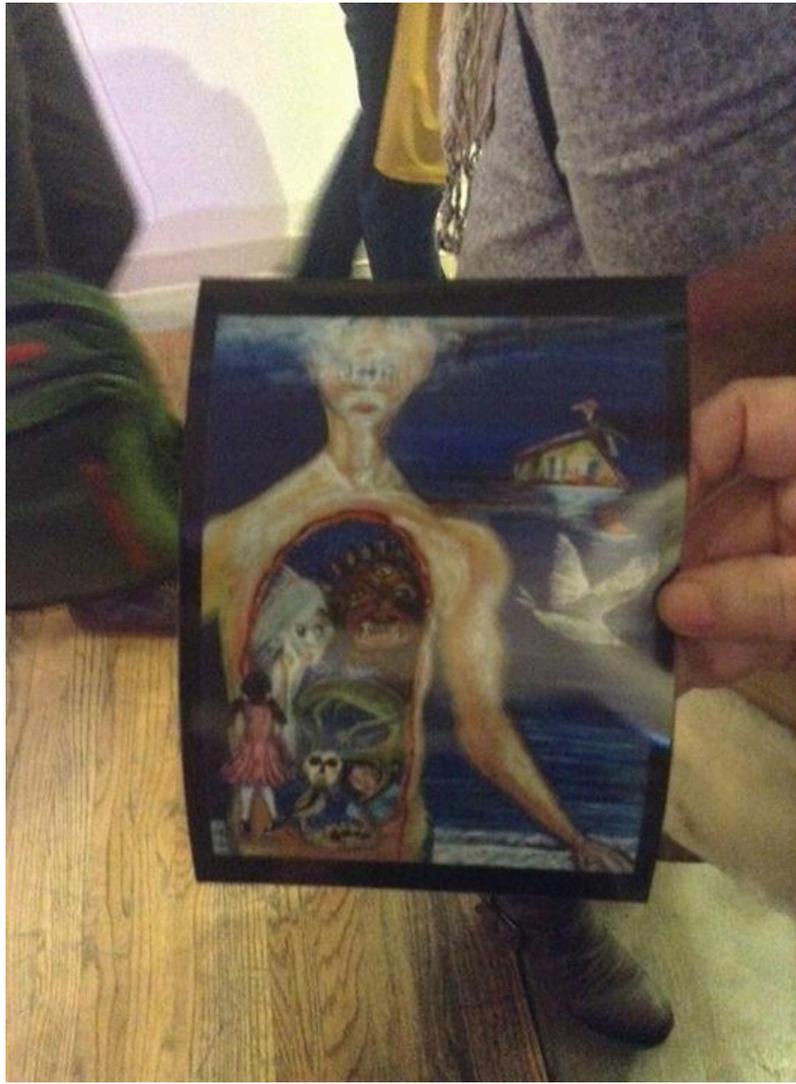
An art reception featured artists that included the creativity of Adult Survivor of Child Abuse and San Francisco artist, Amaroq. The place was packed and she made her first sale within the first couple of hours! Enjoy the photos and their captions.



The Art Gallery featuring Amaroq's artwork, literally overflowing with people.



Tons of people in the art gallery



Amaroq makes her first sale at the art reception



People admiring the creative skill
and imagination of Amaroq

*"Painting, screenplays, novel and graphic novels are all in my safe
place. It is another world with characters that I create."*

-Amaroq



*original artwork by an
Adult Survivor of Child
Abuse*

FEBRUARY IS OUR WINTER ISSUE!

We are asking you to [submit](#) your personal stories and potential articles you feel are relevant to being in the next Quarterly Newsletter. Whether you are looking for a topic to write about or have been active in the field of writing, we can help guide you but we would like your submissions ASAP!

We look forward to working with you and for you.



*original artwork by an
Adult Survivor of Child
Abuse*

YOU ARE AMAZING

YOU DESERVE continued growth and a healthy well-being

YOU HAVE THE RIGHT to feel a sense of accomplishment

YOU ARE ENTITLED to take the initiative to share in life's riches

[Amazon will donate 0.5% of the price of your eligible AmazonSmile purchases to Norma J Morris Center For Healing From Child Abuse whenever you shop on AmazonSmile. Click to start donating at no additional cost to you, instantly while shopping on Amazon.](#)

UPLIFT joins our still ongoing, quarterly newsletter. We would love to feature you. If you would like to volunteer, have comments or would like to provide supportive feedback for anyone featured in this newsletter, send an email to ascanewseditor@gmail.com by including their name in the subject line of your email.

A special thank you, to all those who have made a [donation to the Norma J Morris Center](#). We would not be here without you.

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